



Volunteer Opportunities

All volunteers must be fully vaccinated

Volunteering for Events – tasks include assisting with auctions, table seating, event setup and breakdown, etc.

- Arkansan of the Year – February 2, 2022
- Fashion Event – April 30, 2022
- Art & Soul – Fall 2022
- Greek Food Festival

Serve on Fashion Event and/or Art & Soul Committee - Committee members begin meeting 4-6 months prior to the event and are heavily involved with the planning and fundraising.

- Fashion Event (Spring 2022)
- Art & Soul (Fall 2022)

Organize a Donation Drive

- Coordinate with Easterseals to organize and execute a donation drive at your business, church, or other organization. Items may include school supplies, sensory items for sensory rooms, art supplies, supplies for classrooms, canned food at Thanksgiving and/or Christmas, and other needs as determined by Easterseals staff.

Organize a Volunteer Day

- Recruit and organize a team (from work, church, friends, etc.) to volunteer at Easterseals for a day/morning/afternoon. Projects range from cleaning/organizing to landscaping/painting depending on the groups abilities and needs at the time. All projects will be arranged through Breda Turner (Volunteer Coordinator) and the Easterseals maintenance crew.

Provide Gifts for Children and/or Adults at Christmas

- The Children's Rehabilitation Center (CRC) which is a 40-bed residential inpatient program that assists children with disabilities to reach physical, educational, and

social goals. Each child receives intensive rehabilitation therapies, special education, and nursing care in an environment that promotes independence. The goal of the program is to successfully transition children back to their home community or to an environment that best supports their abilities.

- A Christmas party is held every year for these children. Secret Santas are needed to help provide a wonderful Christmas for them. Lists are provided with wants, needs, and wishes. Donors do not need to feel obligated to spend more than \$75 to \$100 per child.
- The Center for Training & Wellness (CTW) is a day program where adults with disabilities or developmental delays can go make friends, learn new skills, obtain a job, and lead a busy life. For many adults who have just graduated high school, attending the CTW is a positive transition.
 - A Christmas party is held every year for the adults. Easterseals provides presents costing around \$10 for every adult. Usually, the CTW has approximately 120 adults a day.

Volunteering in Programs

- Preschool – reading to children, assisting teachers with activities, being a playground buddy
- Children’s Rehabilitation Center – assisting the recreation staff with activities, join the children on field trips, assisting with Miracle League or Special Olympics
- Center for Training & Wellness (Adult Services) – read in the book club, assist in the Art & Music classes, assist in teaching kitchen classes, teach a yoga or Zumba class, assist with resume writing and mock interviews, assist with adult dance, drama therapy
- A.R.T. (Artistic Realization Therapies) – allows people with little to no use of their hands to paint and create beautiful art. Participants, referred to as artists, collaborate with trained volunteers, called trackers, who paint following the artist’s directives. Art by individuals who were unable to paint before comes to fruition in the A.R.T. program. This program is at the Center for Training & Wellness.