CDC Guidelines for Isolation and Masking when COVID Positive

Table A: Non-ICF Precautions for COVID Positive Individuals Served or Staff

Working in the Community. (Applies to all individuals served and staff **EXCEPT** those at Butler or CRC).

Severity of Illness	Discontinue Isolation [#]	Wear a Mask
Asymptomatic	After day 5.	Through day 10.⁺
Symptomatic or Weakened Immune System	After a minimum of 5 days (a physician may recommend a longer isolation period based on severity of illness and/or a weakened immune system), IF no fever for at least 24 hours without fever-reducing medication, AND all other symptoms are improving.	Through day 10 or until isolation is discontinued if your physician recommends a longer isolation period. ⁺

*People who cannot wear a mask, such as children < age 2 years and people of any age with certain disabilities should isolate for a minimum of 10 days.

⁺The mask may be removed earlier with two sequential negative antigen tests 48 hours apart.

Table B: ICF Precautions for COVID Positive Individuals Served and Staff Working

in an ICF. (Applies to all individuals served and staff at Butler and the Children's Rehabilitation Center.)

Severity of Illness	Discontinue Isolation (Time-based Strategy)	Discontinue Isolation (Test-based Strategy)	Wear a Mask
Asymptomatic	After day 10.	On day 7 with a negative antigen test on day 7.	Through day 10
Symptomatic or Weakened Immune System	After day 10 (a physician may recommend a longer isolation period based on severity of illness and/or a weakened immune system), AND 24 hours fever-free without fever-reducing medication, AND Symptoms have improved.	On day 7 If 24 hours fever-free without fever-reducing medication, AND Symptoms have improved, AND Have a negative antigen test performed on day 7.	Through day 10 or until isolation is discontinued if your physician recommends a longer isolation period. ⁺

Guidelines for **Exposure to** Someone Who is COVID Positive:

Able to wear a mask.	Okay to work/attend program.Wear a mask for 10 days.	
	•Monitor for signs/symptoms of illness.	
	•If signs/symptoms of illness develop, stay home, consult PCP.	
Unable to wear a mask. Able to stay away from the COVID positive person.	 Okay to work/attend program as long as show no signs/symptoms of illness. If signs/symptoms of illness develop, stay home, consult PCP. 	
Unable to wear a	 Isolate alongside the COVID positive person until their isolation period ends. 	
mask. Unable to stay away from the COVID positive person.	 Okay to return to work/attend program once the isolation period ends as long as show no signs/symptoms of illness. 	
	•If signs/symptoms of illness develop, stay home, consult PCP.	